

Oh Regadinho – Portugal

Short-hand notes by Rosemarie Keough rosemarie@keough-art.com
 Refer to videos and other fulsome dance notes for complete understanding

Oh Regadinho Portugal
 Couple Mixer

Couples in circle facing R Line of Direction
 Men on inside, linking ♂ R arm with ♀ left
 Music 4/4 - 2 phrases ^{4x8 each} _{Repeat 8 beats}
Start Outside Foot; circle moves R

A. 2 x 16 beats Walking
 16 walking steps Right - counter-clockwise
 Both partners turn toward one another to face Left
 16 walking steps Left - clockwise
 "LONG WALK"

B. 2 x 8 beats Tapping

Left arm high, Right low	toe taps R R R R L L L L hops on L	toe taps L L L L high R R R R low hops on R	R arm high low
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"POINTS" 2x

C. 2 x 8 beats "Elbow" Turn + Change Partner
 Right elbows linked, 8 walking steps around partner
 Left elbows linked, 8 walking steps around partner
 at 7+8 release elbows + men, extend arm to new partner lady coming from left. Women move forward, ccw to new partner.
 Repeat ABC to end


Oh Regadinho

Popular dance of Northern Portugal. Lyrics are of water from River Miño, which forms the 340km long northern Portugese border with Spain. This river is extensively used for irrigation + the lyrics are about the use of this water for fields + gardens.
 "water takes the shower"

A hand hold
 - man has elbows bent, holding vest
 - woman links arm thru man's



B Arm position
 - when Right foot is tapping, Right arm is down, switch for opposite foot tapping



C Elbow + Arms
 Facing partner, link Right elbows + hold left arm up
 + then -opposite, left elbows held Right arm up

Music - fast version with singing
 - Soloist + Part A Choir Part BC. Last Repeat no singing for A

